

YOUR ULTIMATE PACKING LIST

for

THE JOHN MUIR TRAIL

ESSENTIALS

- Tent
- Sleeping Bag
- Sleeping Pad
- Backpack
- First-aid Kit
- Cash / ID
- Hiking Poles
- Rain Cover for Backpack
- Headlamp

CLOTHING

- Hiking Clothes
- Sleeping Clothes
- Hat
- Gloves
- Sunglasses
- Beanie
- Warm clothes
- Socks
- Hiking Shoes
- Camp Shoes

FOOD

- Breakfast
- Lunch
- Dinner
- Snacks
- Water bladder/bottle
- Food storage
- Garbage bag
- Lighter
- Water Filter

TOILETRIES

- Toothbrush
- Toothpaste
- Hairbrush/hair ties
- Hand sanitizer
- Sunscreen
- Wipes
- Feminine Products
- Wag Bag
- Trowel
- Toilet Paper

KITCHEN

- Stove
- Gas
- Pot/Cooking Vestibule
- Mug
- Utensils
- Bear Canister

ELECTRONICS

- Camera
- Tripod
- Extra batteries
- Gopro
- Waterproof camera case
- Chargers

EXTRAS

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NOTES:

TO DO:
